

# Activities for home

## Collecting seeds activity

Ask children to see how many different types of seeds they can collect from the food they eat at snack and mealtimes. This will encourage them to:



1. Eat fruit and vegetables
2. Inspect what they are eating
3. See if they can sort them by colour or size.
4. Ask them to predict what they will grow into and how big they might be.
5. 5. Have discussions about where they will grow - ie, above the ground etc..
6. Can they lie them out in a long line - how far do they go? Are they taller than your child or even you?

**Activity aids:** Knowledge and Understanding of the World: awareness of fruit and vegetables and where they grow, Mathematical skills such as size, colour, counting, measuring, Personal Social, Emotional and Communication skills as you undertake the activity together and have discussions about the activity.

## Making Seed and Mud Pies activity

Do you remember making mud pies as a child? All the fun of getting messy, digging, stirring etc it could keep you busy for hours. We would like you to use the seeds from above to make or decorate a mud and seed pie.



1. Take your child on a hunt of the house and garden to find a variety of bowls and utensils to use for the mud pies.
2. Encourage your child to dig and fill up a bucket or similar pot and carry the mud to your mud pie making area.
3. Support your child to transfer the mud into a larger container.
4. Have fun mixing and adding in your seeds to make a seed and mud pie.

**Activity aids:** Knowledge and Understanding of the World: awareness of fruit / vegetables and where they grow, experimenting with mud and water, Mathematical skills such as size, space, counting, measuring, Physical skills - bending, carrying, transporting, walking, big stirring movements, special awareness and collecting.